

# quantity limits

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The Quantity Limits Program is administered by WellPoint Pharmacy Management. Plan availability and/or coverage may vary by state.

## What are Quantity Limits?

Quantity Limits (also referred to as Managed Drug Limitations) is the name of a quality and cost-savings program promoting the safe and appropriate use of medications. The program ensures your prescription contains the approved amount of medication covered by your plan for a specific time period – usually a 30-day supply at a retail pharmacy or a up to 90-day supply through mail service. The amount approved for payment is based on guidelines from the U.S. Food and Drug Administration.

These limits affect only the amount of medication your benefit program will cover. The final decision regarding the amount of medication prescribed remains between you and your physician.

Refer to the next page for a list of drugs with Quantity Limits.

## What happens at the Pharmacy?

1. The pharmacist enters your prescription information into the WellPoint system. If the prescribed amount is more than what your plan allows, the pharmacist will receive an alert.
2. If you are at a retail pharmacy, the pharmacist will tell you how much of the prescription amount is covered by your benefit plan. Your prescription copay applies to this share, as well as any applicable deductible and coinsurance. If you want the full quantity prescribed, you must pay the full retail price for any portion that exceeds the plan limit.
3. If your prescription is being filled through the mail service pharmacy and the prescribed amount is more than what your plan allows, you will receive your prescription in the mail containing the allowable amount.
4. If refills are prescribed, you must wait for the required amount of time before reordering and receiving your refill: 30 days for retail orders and up to 90 days for mail service.

Quantity Limits differ by plan. Please refer to your benefit materials to see if Quantity Limits applies to you.

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Effective October 1, 2005

This list is reviewed periodically by WellPoint Pharmacy Management and Trustmark for medical review and is subject to change. Contact WellPoint Pharmacy Management Customer Service at 866-841-8951 with any questions you may have about the drugs listed.

Drug Classes to which Quantity Limits Applies	Drugs (All forms of the drugs listed below, including corresponding generics, are included.)
Anti-Emetics	Anzemet, Emend, Kytril, Marinol, Zofran
Anti-Infective	Diflucan
Beta-2 Agonists	albuterol, Alupent, Foradil Aerolizer, Maxair, Proventil, Serevent Diskus, Ventolin HFA
Corticosteroid & Beta-2 Agonist Combination Inhaler	Advair Diskus
Erectile Dysfunction	Caverject, Cialis, Edex, Levitra, Muse, Viagra
Influenza Treatment and Prevention	Relenza, Tamiflu
Inhaled Corticosteroids	Aerobid, Azmacort, Flovent HFA, Pulmicort, QVAR
Mast Cell Stabilizers and Anticholinergics	Atrovent, Combivent, Intal, Spiriva, Tilade
Migraine	Amerge, Axert, Frova, Imitrex, Maxalt, Migranal, Relpax, Zomig
Nasal Inhalers	Astelin, Beconase AQ, Flonase, flunisolide, Nasacort AQ, Nasarel, Nasonex, Rhinocort Aqua
Pain	butorphanol, Oxycontin, Toradol
Sedative-Hypnotics	Ambien, Dalmane, Doral, Halcion, Lunesta, ProSom, Restoril, Rozerem, Sonata
Seizures	Neurontin

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Embracing health as an integral part of a corporate culture leads to healthier employees and fiscally fit bottom lines. That's what *Building Cultures of Health* is all about. At Trustmark, *Building Cultures of Health* is an ongoing goal and a commitment we all share. We're helping employers better manage their health-care costs with products and services designed to help employees feel good and stay productive.



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