## **Get Paid** to Keep Your Whole Body Well

Voluntary Benefits



The way people pay for their healthcare is changing. Many employers are offering new and different health insurance plans, including high-deductible options. Whatever you choose, the **Wellness Checks** benefit included in your Trustmark plan can pay you for getting one screening test and one follow-up test per calendar year.

Here's how it works: when you file a claim for any of the screening tests listed below, Trustmark will **send you a check**, even if your insurance covers these tests at no cost as part of your employee wellness program. If your doctor recommends a follow-up test, **we'll pay you for getting that test, too**.

- Routine mammogram
- Pap smear
- Prostate Specific Antigen (PSA) for prostate cancer
- Colonoscopy
- Flexible sigmoidoscopy
- Hemoccult stool specimen

- CA 125 blood test for ovarian cancer
- Carotid Doppler
- Electrocardiogram (EKG/ECG)
- CT colonography
- Whole body skin cancer screening
- Human Papillomavirus (HPV) vaccination

You can also get paid once per year for having **any one of the following**:

- Fasting blood glucose test
- Lipid panel
- Vision test
- Immunization



## **File Your Claim**

To file a claim, simply visit the following website: **www.TrustmarkVB.com/claims** and click "Go to Online Claims."

After entering your information, click on "File a New Claim," type in what test or service you had and select "Health & Wellness Benefits" to start your claim. You may also call **877.201.9373** for any questions about claims.

During enrollment, a benefit counselor will be available to answer any additional questions you may have. If you have questions after you receive your policy, call us at **800.918.8877**.



## You care. We listen.

Whole Body Wellness Benefit Rider WBW-119 is a part of Hospital Indemnity Insurance Plan Form HII-119, underwritten by Trustmark Insurance Company, Lake Forest, Illinois. Please refer to your rider/rider schedule and outline of coverage, if applicable, for complete information. Limitations on pre-existing conditions may apply. Benefits, definitions, exclusions, form numbers and limitations may vary by by state. For exclusions and limitations that may apply, visit www.trustmarksolutions.com/disclosures/ HSP/ (A112-2216-HSP). Trustmark is a registered trademark of Trustmark Insurance Company.

<sup>1</sup>An A.M. Best rating is an independent opinion of an insurer's financial strength and ability to meet its ongoing insurance policy and contract obligations. Trustmark is rated A- (4th out of 16 possible ratings ranging from A++ to Suspended).



Underwritten by Trustmark Insurance Company Rated A- (EXCELLENT) A.M. Best<sup>1</sup>

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