Get Paid to Keep Your Whole Body Well

Voluntary Benefits



The way people pay for their healthcare is changing. Many employers are offering new and different health insurance plans, including high-deductible options. Whatever you choose, the **Wellness Checks** benefit included in your Trustmark plan can pay you for getting one screening test and one follow-up test per calendar year.

Here's how it works: when you file a claim for any of the screening tests listed below, Trustmark will **send you a check**, even if your insurance covers these tests at no cost as part of your employee wellness program. If your doctor recommends a follow-up test, **we'll pay you for getting that test, too**.

- Routine mammogram
- Pap smear
- Prostate Specific Antigen (PSA) for prostate cancer
- Colonoscopy
- Flexible sigmoidoscopy
- Hemoccult stool specimen

- CA 125 blood test for ovarian cancer
- Carotid Doppler
- Electrocardiogram (EKG/ECG)
- CT colonography
- Whole body skin cancer screening
- Human Papillomavirus (HPV) vaccination

You can also get paid once per year for having **any one of the following**:

- Fasting blood glucose test
- Lipid panel
- Vision test
- Immunization



File Your Claim

To file a claim, simply visit the following website: **www.TrustmarkVB.com/claims** and click "Go to Online Claims."

After entering your information, click on "File a New Claim," type in what test or service you had and select "Health & Wellness Benefits" to start your claim. You may also call **877.201.9373** for any questions about claims.

During enrollment, a benefit counselor will be available to answer any additional questions you may have. If you have questions after you receive your policy, call us at **800.918.8877**.



You care. We listen.

Whole Body Wellness Benefit Rider WBW-119 is a part of Hospital Indemnity Insurance Plan Form HII-119, underwritten by Trustmark Insurance Company, Lake Forest, Illinois. Please refer to your rider/rider schedule and outline of coverage, if applicable, for complete information. Limitations on pre-existing conditions may apply. Benefits, definitions, exclusions, form numbers and limitations may vary by by state. For exclusions and limitations that may apply, visit www.trustmarksolutions.com/disclosures/ HSP/ (A112-2216-HSP). Trustmark is a registered trademark of Trustmark Insurance Company.

¹An A.M. Best rating is an independent opinion of an insurer's financial strength and ability to meet its ongoing insurance policy and contract obligations. Trustmark is rated A- (4th out of 16 possible ratings ranging from A++ to Suspended).



Underwritten by Trustmark Insurance Company Rated A- (EXCELLENT) A.M. Best¹

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