

# Trustmark Health & Wellness Benefits: Comparing Covered Tests & Services

Several Trustmark plans can include riders that pay policyholders directly for getting covered screening tests. These benefits for prevention and early detection can help keep a workforce healthier and more productive, cut down on high claim costs and make the products more appealing to employees.

Test or Service	Health Screening Benefit	Wellness Benefit	Healthy Living Benefit	Wellness Checks Benefit
	Critical Illness & Accident <sup>1</sup>	Accident <sup>1</sup>	Trustmark Critical HealthEvents <sup>®</sup>	Trustmark Hospital StayPay <sup>®</sup>
Low-dose mammography or routine mammogram	✓	✓	✓	✓
Pap smear (for women over age 18)	✓	✓	✓	✓
Colonoscopy	✓	✓	✓	✓
Fasting blood glucose test	✓	✓	✓ <sup>2</sup>	✓ <sup>5</sup>
Blood test for triglycerides	✓	✓	✓ <sup>2</sup>	✓ <sup>5</sup>
Serum cholesterol test for HDL and LDL	✓	✓	✓ <sup>2</sup>	✓
Prostate-specific antigen (PSA) test	✓	✓	✓	✓
Hemoccult stool specimen test	✓	✓	✓	✓
Flexible sigmoidoscopy	✓	✓	✓	✓
CA125 (blood test for ovarian cancer)	✓	✓	✓	✓
Breast ultrasound	✓	✓	✓ <sup>3</sup>	
Chest x-ray	✓	✓		
Cardiac stress test	✓	✓		
CA 15-3 (blood test for breast cancer)	✓	✓		
CEA (blood test for colon cancer)	✓	✓		
Serum protein electrophoresis (blood test for myeloma)	✓	✓		
Thermography	✓	✓		
Bone marrow testing	✓	✓		
Routine physicals		✓		
Immunization		✓		
Human papillomavirus (HPV) vaccination				✓ <sup>5</sup>
CT colonoscopy			✓	✓
Electrocardiogram (EKG/ECG)			✓	✓
Whole body skin cancer screening			✓	✓
Carotid artery Doppler screening			✓	✓
BRCA-1 and BRCA-2 genetic tests			✓ <sup>2,4</sup>	
Vision test				✓ <sup>5</sup>
Lipid panel				✓ <sup>5</sup>

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We listen.**

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<sup>1</sup>Availability of Health Screening Benefit or Wellness Benefit with Accident insurance differs by plan. <sup>2</sup>Only available with certain HLR 214 riders. <sup>3</sup>Only as a follow-up test to an abnormal mammogram. <sup>4</sup>Genetic testing following a physician's recommendation because you are at high risk of, or have been diagnosed with, cancer. <sup>5</sup>Additional once-per-year benefit; only available with certain WBW-119 riders. • For informational purposes only. Health & wellness benefits not available on all policies. Benefits vary and not all riders are available in all states; see your rider schedule for specific amount. Additional details, exclusions and requirements are set forth within the policy. Trustmark, Trustmark Critical HealthEvents<sup>®</sup> and Trustmark Hospital StayPay<sup>®</sup> are registered trademarks of Trustmark Insurance Company.

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