## How to Use the Wellness Benefit of Your Accident Policy



Trustmark
Voluntary Benefit Solutions

PERSONAL FLEXIBLE TRUSTED.

Underwritten by Trustmark Insurance Company

## **Did You Know?**

If you have the wellness benefit,<sup>1</sup> it can help you stay well by paying for the cost of screening tests, routine physicals or immunizations<sup>2</sup>, two per person, per calendar year, up to your benefit's maximum.

Plus, if you have family coverage, each family member is covered too, with up to 10 visits per year<sup>3</sup>.

- Low Dose Mammography
- Pap Smear for women over age 18
- Flexible Sigmoidoscopy
- Hemoccult Stool Specimen
- Colonoscopy
- Prostate Specific Antigen (for prostate cancer)
- Stress test on a bicycle or treadmill
- Fasting blood glucose test
- Blood test for triglycerides
- Serum cholesterol test to determine levels of HDL and LDL
- Bone marrow testing
- Breast ultrasound
- CA 15-3 (blood test for breast cancer)
- CA 125 (blood test for ovarian cancer)
- CEA (blood test for colon cancer)
- Chest X-ray
- Serum Protein
- Electrophoresis (blood test for myeloma)
- Thermography

Wellness Benefit not available in all states.

<sup>1</sup>Benefit varies; see your Rider Schedule for specific amount.

<sup>2</sup>Partial list. Covered tests may vary by state.

<sup>3</sup>For residents of FL and WA, family visits per year are unlimited (vs. limit of 10).



## How do I submit a claim for my wellness benefit after my 60-day waiting period?

To download the form for filing a claim, simply go online to:

www.trustmarksolutions.com/file-claim

You will find a fillable Wellness Benefit claim form. Submit the form and all claim documentation by email to RiderClaims@ trustmarkins.com, by fax to **504.471.3208** or by mail to:

Trustmark Insurance Company 100 North Parkway Suite 200 Worcester, MA 01605

During enrollment, a benefit counselor will be available to answer any additional questions you may have. If you have questions after you receive your policy, call us at **800.918.8877**.

Wellness Benefit Rider WB-607 is a part of Accident Insurance Plan Form A-607, underwritten by Trustmark Insurance Company, Lake Forest, Illinois. Please see your Rider and Rider Schedule for your state for exact terms, provisions, exclusions and limitations that apply.

## *Trustmark* Voluntary Benefit <u>Solutions</u>°

PERSONAL. FLEXIBLE. TRUSTED.®

Underwritten by Trustmark Insurance Company Rated A- (EXCELLENT) A.M. Best<sup>1</sup>

<sup>1</sup>An A.M. Best rating is an independent opinion of an insurer's financial strength and ability to meet its ongoing insurance policy and contract obligations. Trustmark is rated A- (4th out of 16 possible ratings ranging from A++ to Suspended).